



Kata / Kumi-tachi

Ken-jutsu

Kirikomi + Uketachi

Ikajo, Nikajo, Sankajo, yonkajo.

Tachi iai

Yukiai gyaku nuki no tachi

Zengo chidori no tachi

Yukiai migi chidori no tachi

Gyaku nuki no tachi

Nuki uchi no tachi

Iai

Kusanagi no ken

Nuki tsuki no ken

Nuki uchi no ken

u ken

Sa ken

Happo ken



Bo-jutsu

Uchi komi + Uke tachi

Ikajo, Nikajo, Sankajo. Yonkajo, Gokajo, Rukajo.

Naginata

Kirikomi + uketachi

Ikajo, Nikajo, Sankajo, Yonkajo.

Gogyo no tachi

Kirikomi + uketachi

Mitsu no tachi

yotsu no tachi

In no tachi

Sha no tachi

Hatsu no tachi



Yoto

Kirikomi + uketachi

Eigetsu no tachi (nio no kurai)

suigetsu no tachi (tenchi no kurai)

isonami no tachi (fuha no kurai)

murakumo no tachi (sasu no kurai)

Gokui Kodachi

Kirikomi + uketachi

Hangetsu no kodachi

suigetsu no kodachi

seigan no kodachi

Sojutsu

irikomi + uketachi

hiryu no yari

koryu no yari

tsukidome no yari

anya no yari

denko no yari

yorunoya yari